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## TALES FROM MY BANK OF BAD HABITS

It's just a week to our Frosted Party and our 20<sup>th</sup> Anniversary Celebration, and as of this writing, we have more people attending this Frosted Party than any in our past. It certainly looks like it's going to be a fantastic weekend.

We'll kick it off Friday night at Shooters at 2109 Wantagh Avenue in Wantagh where Jim Morris will be performing a solo acoustic show. You never know who might show up and play with him.

Saturday will start with the usual room and hall parties at the Holiday Inn in Plainview, and then it's off to our 20<sup>th</sup> Anniversary Celebration. Ed Travers will be welcoming everyone with some very familiar tunes, and I hear he will be joined by a couple of guests before he finishes his set. The open bar will be ready, and as Jim Morris has said on his website, "Oh what a night! Oh what a life! Oh what a party! The Metros have 19 years of practice under their belts. Will there be any tequila left in the Northeast?" Well, we'll see about that. Jim guarantees a memorable night of music with the Big Bamboo Band. We have a lot planned for the evening, including a few surprises, to guarantee a fantastic Metro night. There will be great tunes, great food and spirits, but most important, great friends to spend the evening with.

I look forward to welcoming you all there.

Dave Pohorylo

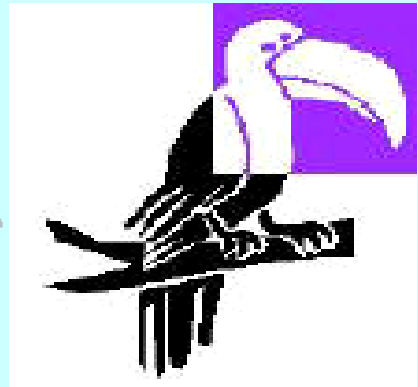
# METRO PARROT HEAD CLUB 20th ANNIVERSARY CELEBRATION



**SATURDAY FEBRUARY 11, 2012  
7 PM to MIDNIGHT  
HOLIDAY INN PLAINVIEW, NY**

**UNLIMITED BUFFET AND  
5 HOUR OPEN BAR  
\$65 per person      Rooms \$109/night**

**ENTERTAINMENT BY**



**Ed Travers**



**BENEFITING CHARITY**

**TICKETS:  
CHECKS PAYABLE TO METRO PHC  
SEND TO  
PETER BOSSHARD  
6 MOUNTAIN VIEW CT  
FORT SOLONGA, NY 11768  
liparrot@aol.com**

**ROOMS:  
CONTACT HOLIDAY INN  
215 SUNNYSIDE BLVD.  
PLAINVIEW, NY 11803  
(516) 349-1240  
ASK FOR THE PARROT HEAD RATE**

**PARROT HEAD NEWS!!!!**

**Long Island Happy Hour**

**FINS and PINS**

Metro PHC's Second Annual

**Night of Bowling**

To benefit the Hagedorn Little Village School

Jack Joel Center for Special Children

**Saturday, March 24, 2012 7-10 pm**

**East Meadow Bowl, Front St., E. Meadow**

\$25 per person includes bowling, shoes, heroes and salads

**RAFFLE PRIZES – 50-50**

For information, call:

Linda Masten 631-863-2564 or Tracey Markland 516-385-0418

Payment must be made no later than March 12<sup>th</sup>. Send checks to:

Tracey Markland, 22 Eighth Avenue, Farmingdale 11735

**\*\*\*space is limited – reserve early\*\*\***

**The Metro North Happy Hour**

Takes place on the second Tuesday of each month (with the exception of our summer months). 6:30 pm at the East Side Cafe in Norwalk, CT anyone planning on attending should RSVP to Carol a carpoh@aol.com so that table space can be reserved.



# Growing Older But Not Up!



## FEBRUARY BIRTHDAYS

### Welcome

New  
Member's

Kevin Worth

Mary Ann Worth

Charles Simonett



### Ingredients:

- 2 oz [rye whiskey](#)
- 1/2 oz [sweet vermouth](#)
- 2-3 dashes [Angostura bitters](#)
- [maraschino cherry](#) for garnish

### Preparation:

1. Pour the ingredients into a mixing glass with ice cubes.
2. [Stir well](#)

Patricia Newcomb	1	One Particular Harbor
Joe Ciccia	2	Mental Floss
Charles Veneziano	3	Margritaville
Vivian Romano	7	Fins
Fred Schwinger	8	A Pirate Looks at 40
Regina Guevara,	9	Changes in Latitude
Lori Sullivan	12	Brown Eye Girl
Richie Saccente	13	Come Monday
Casey Rae Travers,	13	Little Miss Magic
Eric Rosen,	15	Coconut Telegraph
Bill York	15	Six String Music
Brenda Ries	16	It's My Job
Dory Wainio	17	Steamer
Raymond Kearney	19	Trying to Reason
Alex Leist	21	Only Time will Tell
Frank Buschman	23	Tin Cup Chalice
Mark Frace	25	5 O'clock Somewhere
Bob Greenfield	24	
Tracey Comella	26	Fins
Al Greengold	28	The Weather is here

We are always looking for Stories, pictures and articles. Please send whatever you would like to share. If we miss your birthday or any of the information is incorrect please drop us an email @ [metroparrot1@aol.com](mailto:metroparrot1@aol.com)

Thank you  
Eric & Lorraine

## ***TIKI BAR #7***

This month a very talented artist came by our Tiki Bar and both know that you will all enjoy what he had to say. Thank you Keith Sykes for taking time out of your busy day to join us! Keith is a very good friend of Jimmy & he played with the band for a time.

1. What is your favorite drink? It depends on the time of day. Morning: Diet Coke w/no caffeine. Afternoon: full bodied beer. Dinner time: nice red wine. Night: Vodka and soda with lime.
2. If we looked into your CD collection what artists would I find? It's a very big collection. You'd find a lot of Dylan, Buffett and Beatles and some of just about everyone else.
3. How many instruments do you play? I play guitar pretty well. I love to play bass and piano, but I don't play those very well. I play harmonica ok and I can fool around with other things to varying degrees and have fun, but I play guitar.
4. Did you have any formal training? No
5. At what age did you realize that you wanted to play TropRock music? Do I play TropRock music? Hum...I was in Buffett's band in 1979...I take all that back...When I was 62!
6. Who do you enjoy playing with? Musicians who are comfortable with their instruments and have a good "feel" for what their playing.
7. We love to see you play in Key West. Is it as much fun for you as it is for us? It sure is fun for me. If you guys as having as good a time as me I'm glad for you!!!
8. Where is your favorite vacation spot? Maybe the French side of St. Marten or St. Barth's.
9. Name 5 of your favorite places to play. Levitt Shell in Memphis, Red River, New Mexico at the Top of the Lift, hangin' out after hours at Louie's Backyard Afterdeck in Key West, Oasis House Concert in San Diego, CA, anywhere trading songs with my songwriting buddies.
10. Do you have any pets roaming around the Sykes household? 4 dogs, 1 cat, 2 horses, 1 parrot (the parrot hates me!)
11. When it's time to retire many, many years from now where would you want to stay? I haven't seen the whole world yet, so, any determination now would be premature.

12. If you had not become a musician what would you have done for a living? Maybe an architect.

13. Do you have a favorite TV show? The Good Wife

14. What is your favorite movie? Forrest Gump

15. Name one thing about yourself that would shock your fans? I'm a vegetarian

16. Your song lyrics are great, do they all come from personal experiences? Not all. Sometimes I try to put myself in someone else's shoes.

17. Where do you write most of your songs? Port Aransas, TX.

18. How does your family feel about having a TropRock Super Star living with them? Very privileged, I'm absolutely sure.

19. What is your favorite mode of transportation? Being driven in a nice car by a good driver.

20. What is your favorite food? Mexican

I have a new record coming out, all blues tunes, called "Bucksnort Blues". The first video is finished. The song is called "The City Of Good Abode".

You had us at "I'm a Vegetarian", at this point your star shined a lot brighter! Until next month, that's all from Tiki Bar #7, time is running out, only one more visit to our Tiki Bar! Thanks,  
*Marianne & Al*

